Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: BRABO

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 32: 100M FREESTYLE WOMEN 13+ Heat:2, starttime: 14:00

Heat: 2/14 Lane : 1 Athlete: CAUTAERT-KNUTSSON LISA **Q-time: 01:22:82**

PB (25m pool): 01:22.82 Herentals 09/05/2026 **PB (50m pool):** 01:23.16 **SB:** 01:23.92 Mol 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:39.99		01:22.82	
		00:39.99		*00:42.83*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 32: 100M FREESTYLE WOMEN 13+ Heat:4, starttime: 14:05

Heat: 4/14 Lane : 3 Athlete: ZONNEKEYN CARO LINA **Q-time: 01:14:83**

PB (25m pool): 01:14.83 Nijlen 18/10/2026 **PB (50m pool):** 01:14.66 **SB:** 01:14.83 Nijlen 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:35.09		01:14.83	
		00:35.09		*00:39.74*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 32: 100M FREESTYLE WOMEN 13+ Heat:5, starttime: 14:05

Heat: 5/14 Lane : 2 Athlete: CORNELIS MARJOLEIN **Q-time: 01:12:92**

PB (25m pool): 01:12.92 Mol 04/10/2026 **PB (50m pool):** 01:14.50 **SB:** 01:12.92 Mol 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:35.32		01:12.92	
		00:35.32		*00:37.60*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: BRABO

Event number: 32: 100M FREESTYLE WOMEN 13+ — Heat:5, starttime: 14:05

Heat: 5/14 Lane : 8 Athlete: KUSHNIR MILANA — **Q-time: 01:13:99**

PB (25m pool): 01:13.99 Groenenhoek Berchem 10/10/2026 **PB (50m pool):** 01:15.72 **SB:** 01:13.99 Groenenhoek Berchem 10/10/2026

	25 M	50 M	75 M	100 M	
PB		00:35.17		01:13.99	
		00:35.17		*00:38.82*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 32: 100M FREESTYLE WOMEN 13+ — Heat:8, starttime: 14:15

Heat: 8/14 Lane : 3 Athlete: SZABO NORA — **Q-time: 01:08:76**

PB (25m pool): 01:08.76 Mol 04/10/2026 **PB (50m pool):** 01:09.07 **SB:** 01:08.76 Mol 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:33.63		01:08.76	
		00:33.63		*00:35.13*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 32: 100M FREESTYLE WOMEN 13+ — Heat:10, starttime: 14:15

Heat: 10/14 Lane : 1 Athlete: SCHELFAUT PIPPA — **Q-time: 01:07:90**

PB (25m pool): 01:07.90 Mol 04/10/2026 **PB (50m pool):** 01:09.28 **SB:** 01:07.90 Mol 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:32.80		01:07.90	
		00:32.80		*00:35.10*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 32: 100M FREESTYLE WOMEN 13+ — Heat:10, starttime: 14:15

Heat: 10/14 Lane : 2 Athlete: VAN DE MOSSELAER EMMA — **Q-time: 01:07:75**

PB (25m pool): 01:07.75 Stedelijk Zwembad Geel 16/02/2025 **PB (50m pool):** 01:09.40 **SB:** 01:10.84 Mol 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:33.13		01:07.75	
		00:33.13		*00:34.62*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: BRABO

Event number: 32: 100M FREESTYLE WOMEN 13+ — Heat:11, starttime: 14:15

Heat: 11/14 Lane : 3 Athlete: VOLDERS ELLA — **Q-time: 01:06:79**

PB (25m pool): 01:06.95 Mol 04/10/2026 **PB (50m pool):** 01:06.79 **SB:** 01:06.95 Mol 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:32.74		01:06.95	
		00:32.74		*00:34.21*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 32: 100M FREESTYLE WOMEN 13+ — Heat:12, starttime: 14:20

Heat: 12/14 Lane : 7 Athlete: VERMEIRE SIEN — **Q-time: 01:06:06**

PB (25m pool): 01:06.06 Mol 04/10/2026 **PB (50m pool):** 01:07.90 **SB:** 01:06.06 Mol 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:31.37		01:06.06	
		00:31.37		*00:34.69*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 33: 200M MEDLEY MEN 13+ — Heat:4, starttime: 14:35

Heat: 4/10 Lane : 2 Athlete: EGGERMONT TYGO — **Q-time: 02:51:00**

PB (25m pool): 02:51.00 Groenenhoek Berchem 10/10/2026 **PB (50m pool):** no time **SB:** 02:51.00 Groenenhoek Berchem 10/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:36.39		no time		no time		02:51.00
		00:36.39						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 33: 200M MEDLEY MEN 13+ — Heat:5, starttime: 14:40

Heat: 5/10 Lane : 7 Athlete: CARPENTIER THIBO — **Q-time: 02:48:08**

PB (25m pool): 02:48.08 Mol 04/10/2026 **PB (50m pool):** 02:59.74 **SB:** 02:48.08 Mol 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:37.32		01:20.92		02:09.30		02:48.08
		00:37.32		*00:43.60*		*00:48.38*		*00:38.78*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: BRABO

Event number: 33: 200M MEDLEY MEN 13+ — Heat:6, starttime: 14:40

Heat: 6/10 Lane : 6 Athlete: VERCAMMEN MAGNUS — **Q-time: 02:44:05**

PB (25m pool): 02:44.05 Aartselaar 01/11/2026 — **PB (50m pool):** 02:50.60 **SB:** 02:44.05 Aartselaar 01/11/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:35.61		no time		no time		02:44.05
		00:35.61						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 33: 200M MEDLEY MEN 13+ — Heat:7, starttime: 14:45

Heat: 7/10 Lane : 7 Athlete: ARTEMOV FYODOR — **Q-time: 02:43:29**

PB (25m pool): 02:43.29 Meulebeke 10/05/2026 — **PB (50m pool):** 02:45.73 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:36.85		no time		no time		02:43.29
		00:36.85						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 33: 200M MEDLEY MEN 13+ — Heat:8, starttime: 14:50

Heat: 8/10 Lane : 2 Athlete: WENé FINN — **Q-time: 02:33:98**

PB (25m pool): 02:33.98 Mol 04/10/2026 — **PB (50m pool):** 03:09.86 **SB:** 02:33.98 Mol 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:33.74		01:12.57		01:58.30		02:33.98
		00:33.74		*00:38.83*		*00:45.73*		*00:35.68*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11-12 — Heat:5, starttime: 15:10

Heat: 5/11 Lane : 2 Athlete: BLOCK OLIVIA — **Q-time: 01:31:65**

PB (25m pool): 01:32.68 Mol 04/10/2026 — **PB (50m pool):** 01:31.65 **SB:** 01:32.68 Mol 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:44.95		01:32.68	
		00:44.95		*00:47.73*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: BRABO

Event number: 34: 100M BACKSTROKE WOMEN 11-12 — Heat:6, starttime: 15:10

Heat: 6/11 Lane : 1 Athlete: BOUQUET JULIETTE — **Q-time: 01:30:24**

PB (25m pool): 01:30.24 Kapellen 30/05/2026 **PB (50m pool):** 01:32.07 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:48.37		01:30.24	
		00:48.37		*00:41.87*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11-12 — Heat:8, starttime: 15:15

Heat: 8/11 Lane : 2 Athlete: LACROIX MERIN — **Q-time: 01:27:44**

PB (25m pool): 01:27.44 Mol 04/10/2026 **PB (50m pool):** 01:30.18 **SB:** 01:27.44 Mol 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:43.25		01:27.44	
		00:43.25		*00:44.19*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11-12 — Heat:8, starttime: 15:15

Heat: 8/11 Lane : 6 Athlete: BOLSIUS CAROLINE — **Q-time: 01:27:36**

PB (25m pool): 01:27.36 Mol 04/10/2026 **PB (50m pool):** 01:31.94 **SB:** 01:27.36 Mol 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:42.66		01:27.36	
		00:42.66		*00:44.70*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11-12 — Heat:8, starttime: 15:15

Heat: 8/11 Lane : 7 Athlete: JANSEN RENéE — **Q-time: 01:27:51**

PB (25m pool): 01:27.51 Mol 04/10/2026 **PB (50m pool):** 01:37.73 **SB:** 01:27.51 Mol 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:42.49		01:27.51	
		00:42.49		*00:45.02*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: BRABO

Event number: 34: 100M BACKSTROKE WOMEN 11-12 — Heat:10, starttime: 15:20

Heat: 10/11 Lane : 4 Athlete: MAESEN AMéLIE — **Q-time: 01:23:85**

PB (25m pool): 01:23.85 Mol 04/10/2026 **PB (50m pool):** 01:27.46 **SB:** 01:23.85 Mol 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:40.33		01:23.85	
		00:40.33		*00:43.52*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11-12 — Heat:11, starttime: 15:25

Heat: 11/11 Lane : 5 Athlete: BRAEKMANS ELLA — **Q-time: 01:20:86**

PB (25m pool): 01:20.86 Mol 04/10/2026 **PB (50m pool):** 01:25.77 **SB:** 01:20.86 Mol 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:39.72		01:20.86	
		00:39.72		*00:41.14*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 35: 200M MEDLEY MEN 11-12 — Heat:3, starttime: 15:35

Heat: 3/7 Lane : 3 Athlete: RAES DAMON — **Q-time: 03:21:79**

PB (25m pool): 03:21.79 Groenenhoek Berchem 10/10/2026 **PB (50m pool):** no time **SB:** 03:21.79 Groenenhoek Berchem 10/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:49.83		no time		no time		03:21.79
		00:49.83						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 35: 200M MEDLEY MEN 11-12 — Heat:3, starttime: 15:35

Heat: 3/7 Lane : 5 Athlete: APERS NACER — **Q-time: 03:21:58**

PB (25m pool): 03:21.58 Meulebeke 10/05/2026 **PB (50m pool):** 03:29.85 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:48.02		no time		no time		03:21.58
		00:48.02						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: BRABO

Event number: 35: 200M MEDLEY MEN 11-12 — Heat:6, starttime: 15:45

Heat: 6/7 Lane : 2 Athlete: BOGAERS LEON — **Q-time: 03:07:76**

PB (25m pool): 03:07.76 Mol 04/10/2026 **PB (50m pool):** no time **SB:** 03:07.76 Mol 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:42.39		01:30.41		02:28.11		03:07.76
		00:42.39		*00:48.02*		*00:57.70*		*00:39.65*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 35: 200M MEDLEY MEN 11-12 — Heat:6, starttime: 15:45

Heat: 6/7 Lane : 4 Athlete: VAN CRAENENBROECK VIK — **Q-time: 03:06:60**

PB (25m pool): 03:08.80 Groenenhoek Berchem 10/10/2026 **PB (50m pool):** 03:06.60 **SB:** 03:08.80 Groenenhoek Berchem 10/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:42.80		no time		no time		03:08.80
		00:42.80						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 36: 50M BACKSTROKE WOMEN 13+ — Heat:2, starttime: 15:55

Heat: 2/9 Lane : 8 Athlete: CAUTAERT-KNUTSSON LISA — **Q-time: 00:44:28**

PB (25m pool): 00:44.28 Mol 04/10/2026 **PB (50m pool):** 00:46.14 **SB:** 00:44.28 Mol 04/10/2026

	25 M	50 M	
PB		00:44.28	
		00:44.28	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 36: 50M BACKSTROKE WOMEN 13+ — Heat:3, starttime: 15:55

Heat: 3/9 Lane : 4 Athlete: CORNELIS MARJOLEIN — **Q-time: 00:40:31**

PB (25m pool): 00:40.31 Mol 04/10/2026 **PB (50m pool):** 00:43.24 **SB:** 00:40.31 Mol 04/10/2026

	25 M	50 M	
PB		00:40.31	
		00:40.31	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: BRABO

Event number: 36: 50M BACKSTROKE WOMEN 13+ Heat:3, starttime: 15:55

Heat: 3/9 Lane : 8 Athlete: KUSHNIR MILANA **Q-time: 00:41:74**

PB (25m pool): 00:41.74 Nijlen 18/10/2026 **PB (50m pool):** 00:42.81 **SB:** 00:41.74 Nijlen 18/10/2026

	2 5 M	5 0 M	
PB		00:41.74	
		00:41.74	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 36: 50M BACKSTROKE WOMEN 13+ Heat:4, starttime: 16:00

Heat: 4/9 Lane : 6 Athlete: SZABO NORA **Q-time: 00:38:95**

PB (25m pool): 00:38.95 Mol 04/10/2026 **PB (50m pool):** 00:39.68 **SB:** 00:38.95 Mol 04/10/2026

	2 5 M	5 0 M	
PB		00:38.95	
		00:38.95	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 36: 50M BACKSTROKE WOMEN 13+ Heat:5, starttime: 16:00

Heat: 5/9 Lane : 5 Athlete: VAN DE MOSSELAER EMMA **Q-time: 00:37:44**

PB (25m pool): 00:37.44 Mol 04/10/2026 **PB (50m pool):** 00:38.38 **SB:** 00:37.44 Mol 04/10/2026

	2 5 M	5 0 M	
PB		00:37.44	
		00:37.44	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 36: 50M BACKSTROKE WOMEN 13+ Heat:6, starttime: 16:00

Heat: 6/9 Lane : 5 Athlete: VOLDERS ELLA **Q-time: 00:36:67**

PB (25m pool): 00:37.91 Mol 04/10/2026 **PB (50m pool):** 00:36.67 **SB:** 00:37.91 Mol 04/10/2026

	2 5 M	5 0 M	
PB		00:37.91	
		00:37.91	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: BRABO

Event number: 36: 50M BACKSTROKE WOMEN 13+ Heat:7, starttime: 16:05

Heat: 7/9 Lane : 4 Athlete: SCHELFAUT PIPPA **Q-time: 00:35:50**

PB (25m pool): 00:35.50 Sportoase De Watermolen 21/07/2026 **PB (50m pool):** 00:36.60 **SB:** 00:35.63 Mol 04/10/2026

	25 M	50 M	
PB		00:35.50	
		00:35.50	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 36: 50M BACKSTROKE WOMEN 13+ Heat:8, starttime: 16:05

Heat: 8/9 Lane : 8 Athlete: VERMEIRE SIEN **Q-time: 00:35:28**

PB (25m pool): 00:35.28 Stedelijk Zwembad Geel 16/02/2025 **PB (50m pool):** 00:35.91 **SB:** 00:35.73 Mol 04/10/2026

	25 M	50 M	
PB		00:35.28	
		00:35.28	
	. . : . . : . .	. . : . . : . .	

Coach feedback: